

The Office of Human Resources

Invites you to a

LUNCH & LEARN Seminar

Live Well and Thrive

presented by:

**Janice B. Recca, MA, CPC,
Support Network Coordinator for
WomenHeart at Atlantic Health/Morristown Medical Center**

Where: Library, Paterson Room 213

Date: February 24, 2016

Time: 1:00pm to 2:00pm

Heart disease is the number one killer of Americans. As a survivor of open heart surgery, volunteer speaker for the American Heart Association and Support Network Coordinator for WomenHeart at Atlantic Health/Morristown Medical Center, Janice will discuss the risks of heart disease and provide information on how to live well and thrive. Come join us to learn about the risk factors for heart disease. Come with questions, leave with answers.



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To reserve your seat, please email HUMANRESOURCES@wpunj.edu



“Bring a Buddy & your Brown Bag”

